

Sonshine Community

3 Year Olds

November 2023

Teachers: M-F: Mrs. Rucker
Assistant: M-F: Mrs. Phyllis

Monthly Theme: Thanksgiving

November is a special month to focus on fostering in our students and children an attitude of gratitude (a thankful attitude). Take a moment to notice our "participation turkey" next to the classroom entrance with his feather full of things your children are thankful for. We will talk about the Pilgrims and Indians and share with them how important it is to give thanks to our Creator. During the month we will use vocabulary that describes the various symbols of Thanksgiving. We will share with the children how the Indians and the Pilgrims had to find or grow their food on trees, bushes, and vines. It is a novel idea to most small children to think that things like grocery stores, lights, etc. were not always there for people.

We will talk about what food is and why we need it. We will talk about healthy foods and their effect on the body. We will learn the idea of raw versus cooked foods. We will use our senses (sight, touch, taste) to identify 4 common fruits. We will talk about the different shapes and the different colors as we sharpen our skills by carefully observing and identifying what we see and touch. We will also talk about the different smells related to food and the different tastes. We will thank God for our senses.

THANK YOU:

Many thanks to the parents who have helped our Harvest Party run smoothly!

Special Activities

During the month we will make our own butter from cream (just like the Pilgrims) to be used on our fresh baked corn muffins. We will mash up blueberries and cranberries to make a dye to decorate our Indian teepee.

We will share a Thanksgiving feast as a culmination of our discussions about the first Thanksgiving on Wed. 11/22 Please watch for the sign up sheet for refreshments.

Birthdays:

Anna Kamel November 6

Books & Nursery Rhymes

Barney says "Please and Thank You"

The Bernstein Bears Count their Blessings

He Remembered to Say Thank You

The Little Red Hen

David and Goliath

Isn't God Good

Clifford's Manners

Little Miss Muffet

Arthur's Thanksgiving

School Will Be Closed On:

November 7, Tues. – Election Day **Entire School Closed**

November 10, Fri. – Veteran's Day **Entire School Closed**

November 22 – Thanksgiving Feast – **NOON DISMISSAL**

November 23 & 24 – **Entire School Closed – Thanksgiving Break**

From the Director:

Attitudes are not necessarily taught but they are definitely caught, i.e. refer to the attached poem. If children live with critical parents they will begin to view the world through a critical lense. If they live with grateful parents who appreciate the good things around them and who express that appreciation they will learn to be grateful. Children are easily affected by our moods and attitudes even though they may not have the vocabulary to describe what they feel. Take a moment to evaluate your responses to spilled milk, a long grocery line, or other inconveniences. Is your response the response you want to deal with in your child as he/she matures? For some of us this is a struggle because that critical lense was passed on to us, but now as adults we can make conscious choices. We can determine what kind of role model we want to be for our children. As a parent and Director I am more concerned about the attitudes that I see than I am about academic marks or future career choices. When children are secure and happy they are natural sponges, absorbing information from the world around them. With the right attitudes life can be enjoyed regardless of circumstances. When one has a negative attitude no matter what one does in life, life is not enjoyable. Take time to think about the person you want your child to be and then begin to reflect and evaluate whether you are modeling those characteristics yourself.

Happy Thanksgiving!

From the staff of Sonshine

Special Dates To Note:

Thur, November 9 – Monthly Nursery Payment Due

Day Care Payments due upon receipt

December 8, Friday – Christmas Program 7:00pm
Children should arrive at 6:45pm. Drop off in their classroom.

New Songs/Nursery Rhymes

I Am Thankful

I am thankful. I am thankful.

For my food. For my food.

I am very thankful. I am very thankful.

Thank you God. Thank you God.

(substitute any number of things for food, i.e. family, friends)

Little Miss Muffet

Little Miss Muffet sat on a tuffet,
Eating her curds and wheys,
Along came a spider and sat down beside her
And frightened Miss Muffet away.

Thanksgiving Dinner

Everyday we eat our dinner.

Our table is very small.

(palms of hands close together)

There's room for father, mother, sister,
brother and me--that's all.

But when it's Thanksgiving Day and the company comes,

You'd scarcely believe your eyes (rub eyes)

For that very same reason, the table stretches until
it is just this size!

(stretch arms wide)

(stretch arms wide)

Two little eyes to look around,
Two little ears to hear each sound.
One little nose to smell what's sweet
One little mouth that likes to eat.