

Sonshine Community

May 2022 Newsletter

3 yr. olds

Teachers: Mrs. Rucker (MWF)
Teacher's Aide (MWF):
Mrs. Patricia, Mrs. Burke
Mrs. Rucker (TTH)
Teachers Aide: Mrs. Kyvik (TTH)

Monthly Themes: Circus

This month we will be talking about the circus. We will view a video showing some circus performers, some of the animals, and how the circus moves from place to place. We will compare and contrast the way we live and the way circus workers live. We will be reinforcing our number concepts and practicing counting up to 10 (lions, elephants, etc.). We will be talking about concepts related to size and strength.

We will stress that everyone has to practice in order to be good. Sometimes little children just assume that adults are very capable. We need to let them know that practice is how we get better and that at times things can be difficult for us. They need help to understand that as they grow they will learn to do more things.

In preparation for Mother's Day we will be reading books about mothers. We will talk about how God gave us mothers to help us learn what we need to know, to protect us, and to love us. As we look at other animals we will note how their mothers care for them.

Important Dates:

Thur., May 19th & Fri. May 20th

Parent Teacher Conferences

NO SCHOOL for NURSERY CHILDREN

(9:15AM-11:45AM SCHEDULE)

SCHOOL OPEN FOR UPK & DAY CARE CHILDREN ONLY

Special Activities

If you have any special talents (i.e. juggling; clowning) that you would like to share please let us know.

Towards the end of the month (May 25 & 26) we will have our own little circus with the children acting as performers. The teachers will be painting their faces in front of the children and allowing those who wish to also have their faces painted.

Books & Nursery Rhymes

<i>Are You My Mother?</i>	by Eastman
<i>The Circus Baby</i>	by Maud Petersham
<i>Is Your Mama a Llama?</i>	by Guarino
<i>Spot Goes to the Circus</i>	by Eric Hill
<i>The Mother's Day Mice</i>	by Bunting
<i>Circus Fun</i>	by Margaret Hillert
<i>Dumbo the Elephant</i>	
<i>I Want To Be In The Circus</i>	
<i>The Circus Baby</i>	by Maud Petersham
<i>At the Circus</i>	by Eugene Booth
<i>Circus</i>	by Brian Windsmith
<i>Animal Babies</i>	
<i>Curious George Goes to the Circus</i>	by H.A. Rey

June 10th GRADUATION PROGRAM: Our **Program** for the year will take place on **Friday, June 10th**. **Children should arrive at 6:45 p.m.** so that the program can begin promptly at 7:00 p.m. Please use your own discretion to determine proper attire for your youngster. This is a special time where we celebrate the important transition to Kindergarten. **Children from all classes (3's & 4's) will be participating.**

Memorial Day Weekend – Fri., May 27th NOON Dimissal.

Monday, May 30th **ENTIRE SCHOOL CLOSED:**
ReOPEN Tuesday, May 31st.

Special Dates To Note (Continued)

REMINDER: Turn in your child's application for 2021/22 school year.

Preschool classes continue until Wed, **June 22nd** for (MWF class) & Thur, June 23rd for (TTH class).

Daycare continues till Fri. **June 24th**.

Happy Birthday to:

Sarah Cardon	May 1
Mrs. DeMaio	May 25
Mrs. Rucker	May 31

From the Director:

Once language comes on the scene parents can talk with their child about negative and positive emotions. What function will talking serve?

Children who have lots of these discussions with their parents have a better understanding of their own and others' emotions later on. Understanding your own emotions and the emotions of others helps you to behave better in situations that might lead to negative emotions. Learning to regulate your emotions has benefits well into adulthood. Daniel Goleman, from Yale University Child Study Center and author of *Emotional Intelligence*, states that research has shown that "Helping people better manage their upsetting feelings - anger, anxiety, depression, pessimism, and loneliness is a form of disease prevention."

Make space for social time.

Children need time to just hang out with others or be by themselves. It might seem like they are doing "nothing", but there's a lot to learn from unscheduled time on their own or with other children. Children need to be able to be spontaneous – to be able to just goof off. Creating play dates for our children helps them to diversify their social world and develop additional social challenges.

Avoid ignoring or belittling your child's feelings.

Times of emotional upset can be used as key opportunities for teaching children how to avoid or resolve such situations, while also taking the feelings of others into consideration.

From the Director Continued:

“View these times as opportunities to teach your children how to make lemonade out of lemons, while still allowing them to experience their feelings of hurt or disappointment. Helping children to see books, as a positive and emotionally pleasant way to learn about various aspects of their world is important. Order subscriptions to magazines that are age appropriate so that they can receive mail of their own. National Geographic publishes a magazine designed for preschool age children with lots of photographs and activities for them to enjoy. Another fun and informative magazine for your children is entitled Zoo Books and is published by the Wildlife Education. Their phone number is 1-800-992-5034 and their web site is www.zoobook.com. Both these magazines help to stimulate interest in the world around them.

New Songs/Nursery Rhymes

This little clown loves to play. (hold up thumb and wiggle)

This little clown does tricks all day. (hold up index finger and wiggle)

This little clown is tall and strong. (hold up middle finger and wiggle)

This little clown sings a funny song. (hold up ring finger and wiggle)

This little clown is wee and small. (hold up finger and wiggle)

But he can do anything at all!

The Flying Trapeze

He floats through the air with the greatest of ease,

The daring young man on the flying trapeze.

His movements are graceful. He tries hard to please.

I know that he must be the best.

The Circus is Coming to Town

Here they come. They're back in town.

It's the greatest show around.

Cause the circus is coming to town.

The lions roar! Elephants will dance!

Nothing could ever be so grand!

Don't be left behind.

They're starting right on time.

Cause the circus is coming to town. (Repeat)

HAPPY MOTHER'S DAY TO ALL OUR MOMS