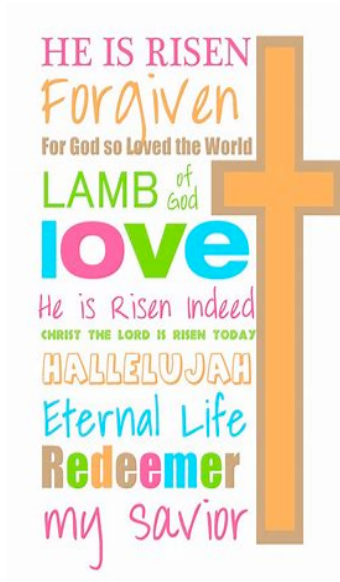


3 Year Old Newsletter
SONSHINE COMMUNITY NURSERY SCHOOL
APRIL NEWSLETTER 2023



Teachers: Mrs. Rucker/ Mrs. Patricia **MWF**
Mrs. Rucker/Mrs. Patricia **TTh**

TOPIC OF THE MONTH:

The season of Spring is here and "April showers will bring May flowers". We are looking forward with anticipation as we watch plants and trees bud into life. Along with the flowers we will note the reappearance of insect and animal life. We will be talking about insects found in our gardens and about plants and flowers common to this season.

We will also be sharing the Easter Story with the children in a way that is sensitive to the needs of young children. We will rejoice together in His sacrifice for us and in His resurrection!

SPECIAL ACTIVITIES:

During April we will be sharing the Easter story. We talked about how much Jesus loves us and that He is not dead, but alive! Spring and the Easter story remind us that new life can come from something that is buried and appears to be dead.

We will be having an Easter Egg Hunt the day of our **Easter Parties, Monday, April 3rd (MWF) class and Tuesday, April 4th (TTh) class**. The sign-up sheet for the items we needed for our parties were put out in March.

Time will go rapidly this month, as we will lose time because of Easter/Spring break (please be sure to note the dates closed listed later). The children love to study bugs/insects and identify these little creatures using our magnifying glasses. All these activities help to foster the creative and observant nature of young children.

We will watch the development of seeds as they grow their roots. As our tulips, daffodils, and hyacinths die down we will dig up the bulb to show the children the differences between bulbs and seeds. Comparing tulip bulb and marigold seeds easily does this. If you happen to plant a garden please share with your child the diversity/variety of seeds that God has created. Allow them to plant and water the seeds with you as you rehearse with them the things that are necessary for plants to grow (sun, dirt, vitamins [from the soil], and water). Remember that children learn best at this age through hands on activities. This means that they learn by touching and manipulating their environment

NEW SONGS AND FINGERPLAYS

1 little, 2 little, 3 little raindrops.
4 little, 5 little, 6 little raindrops.
7 little, 8 little, 9 little raindrops.
10 little raindrops dancing.

This is my garden

This is my garden
I'll rake it with care
And then some flower seeds
I'll plant there

The sun will shine
And the rain will fall
And my garden will blossom

The Rain

Pitter-patter raindrops
Falling from the sky.
Here is my umbrella
To keep me safe and dry.
When the rain is over,
And the sun begins to grow
Little flowers will start to bud
And grow straight and tall.
And grow and grow and grow.

The Butterfly Song

If I were a butterfly,
I'd thank you Lord for giving me wings.
And if I were a robin in a tree,
I'd thank you Lord that I could sing.
And if I were a fish in the sea,
I'd wiggle my tail and giggle with glee.
But I just thank you Father for making me.
Cause you gave me a heart and you gave me a smile.
You gave me Jesus and you made me your child
And I just thank you Father for making me.

NEW BOOKS FOR THE MONTH:

<i>Splish, Splash!</i>	<i>A Butterfly is Born</i>
<i>Rain Talk</i>	<i>Hungry Spiders</i>
<i>Jack & The Beanstalk</i>	<i>Tadpole to Frog</i>
<i>Who Cares About the Weather</i>	
<i>Growing Vegetables</i>	Lois Ehlert
<i>The Tale of Peter Rabbit</i>	Beatrix Potter

The Grouchy Ladybug Eric Carle
The Very Hungry Caterpillar Eric Carle



BIRTHDAYS OF THE MONTH:

Faith Myrtil	April 6
Troi Jean-Marie	April 16
Caleb Koshy	April 27

DATES TO REMEMBER:

April 3, Monday	Easter Party for MWF Class
April 4, Tuesday	Easter Party for TTH Class
April 6 & 7	<u>Entire Facility closed</u> for Holy Thursday, Good Friday,
April 10-14	Spring Break/ <u>Entire School CLOSED</u>

MAKE SURE YOU HAVE THIS NEXT DATE OFF IF YOU WORK EVENINGS:

Friday, June 9	Graduation Program in the evening: For all Students. Parents, relatives and friends are invited.
-----------------------	---

From the Director:

“A cheerful heart is good medicine, but a crushed spirit dries up the bones.”
Prov. 17:22

TWO HUNDRED LAUGHS

“It's been said that the average child laughs 200 times a day, while the typical adult laughs only 4 times every 24 hours. So what has happened to us grown-ups? Maybe it has something to do with those grueling hours at the office, long lines at the grocery store, and piles of bills on the kitchen counter.

Of course, life can be difficult and some people face serious obstacles and hardships. But many of us frown or complain over relatively minor inconveniences. I knew a woman who made herself and her husband miserable just because she had one more child than she had bedrooms in which to put them. Too many irritations come from a complete inability to appreciate the humor and blessings that exist around us.

Kevin Jones, dealing with increased paralysis from Lou Gehrig's disease, was asked to describe the worst thing about his condition. He replied, 'My wife's driving! She has to take me everywhere.'

No matter what you are facing, a smile can only make it better." Resilience in the face of obstacles and the ability to cope with difficulties, both large and small, are things we teach our children through our verbal (words) and nonverbal (actions) behavior.

The following is taken from: Taylor, J. *Creative answers to misbehavior: Getting the most of the ignore-nag-yell-punish cycle.*

"Calm down before you discipline your child: When you are too angry, your discipline attempt will backfire on you. The ultimate purpose of discipline is instruction in proper behavior, not parent's revenge on the child. Instruction, however, is not what happens when you are angry."

Use touch to convey love: Setting the stage for confrontation involves filling up the child's love "gas tank". To the extent that the child is reminded of the adult's love, the child will be open to confrontation."

Acknowledge the child's needs: The child will respond better if you start by acknowledging the child's needfulness behind the behavior. Probe to clarify what needs the child was attempting to meet by misbehaving."

Affirm the child's lovability: It is easy for any child to get 'Mom doesn't like what I did' confused with 'Mom doesn't love me' and with 'I'm not lovable'. The last two messages are devastating to the child and it is important to make sure the child hasn't become confused by these three similar messages."

Teach how misbehavior harms the child or others: The goal of confrontation is to help the child learn how and why to improve behavior. Telling a child to change behavior 'because I said so' teaches nothing useful. Misbehavior is not wrong because the child will be penalized...get caught. It is wrong because if it continues it will bring harm of some sort to the child, to others, to property, or to animals."

Suggest a better alternative for next time: Training the child in decision-making helps bring about future improved behavior. Simply telling the child to stop misbehavior often falls far short of addressing the underlying needs the misbehavior was intended to meet. It is important to give the child a substitute for the misbehavior. Help the child discover what to do as alternative to misbehavior in future similar situations, either by asking leading questions or by suggesting the new desired behavior."

REGISTER EARLY TO ASSURE YOUR SPOT

Registration is open for the upcoming school year of 2023/2024!
UPK applications are out on your school district websites. The application for the East Ramapo school district UPK is available on our website: www.sonshinedc.org.
Check us out on Facebook as well!

Sonshine will be having a SUMMER CAMP this year! Call for more info (845) 634-7828 x112, and pick up an application to submit by May 31st. Spots are filling up quickly!